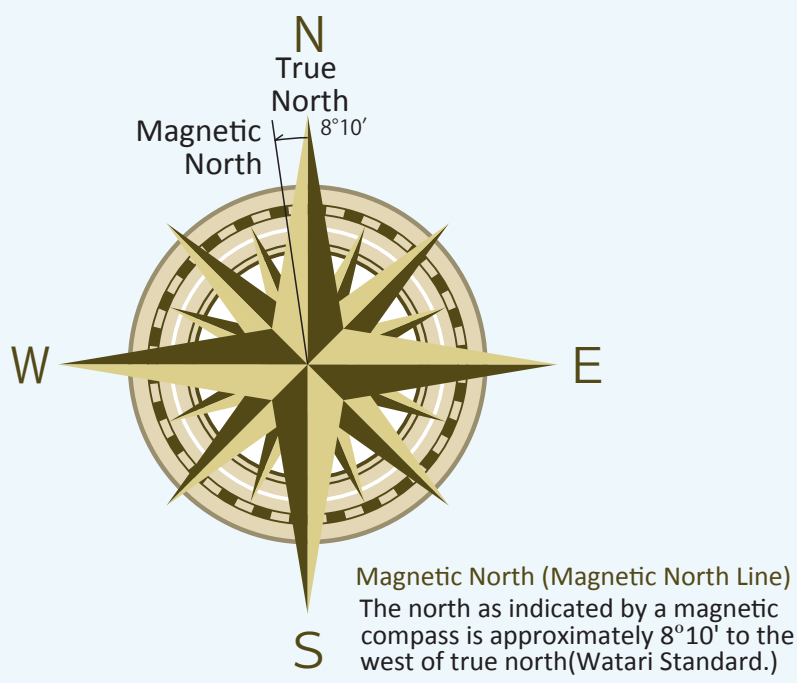


ACCESS

- By JR Train/Highway Bus
- From Sendai Station to Watari Station by JR Tohoku Main Line or Joban Line. (Approx. 30 min) From Watari Station to Kaminomachi Bus Stop by Watari Town Noriai Bus "Sazanka-go" Hokubu (North) Line. (Approx. 20 min) *Bus runs weekdays only.
 - From Sendai Station to Watari Station by JR Tohoku Main Line or Joban Line. (Approx. 30 min) From Watari Station to York Benimaru mae -mae Bus Stop by Watari Town Noriai Bus "Sazanka-go" Sunny Town Line. (Approx. 5 min) *Bus runs weekdays only.
 - From Sendai Station to Watari Station by JR Tohoku Main Line or Joban Line. (Approx. 30 min) From Watari Station to Sunny Town Chuo Bus Stop by Watari Town Noriai Bus "Sazanka-go" Sunny Town Line. (Approx. 20 min) *Bus runs weekdays only.
 - From Sendai Station to Yamashita Station by JR Tohoku Main Line or Joban Line. (Approx. 40 min) From Yamashita Station to Shinzan Sanroku Shonen no Mori Bus Stop by Yamamoto Town Bus "Gururin-go" Chubu Line. (Approx. 20 min)
- *Bus runs weekdays only.
- By Car
- From Sendai Station to Nagamachi IC through local road. (Approx. 20 min) From Nagamachi IC to Sendai Wakabayashi Junction by the Sendai Nanbu Road (Approx. 3 min) From Sendai Wakabayashi Junction to Watari IC by Sendai-Tobu Road. (Approx. 10 min) From Watari IC to Watari through local road. (Approx. 15 min)
 - From Sendai Station to Nagamachi IC through local road. (Approx. 20 min) From Nagamachi IC to Sendai Wakabayashi Junction by the Sendai Nanbu Road (Approx. 3 min) From Sendai Wakabayashi Junction to Yamamoto IC by Sendai-Tobu Road. (Approx. 20 min) From Yamamoto IC to Yamamoto through local road. (Approx. 10 min)
- By Air
- From Sendai Airport to Natori Station by Sendai Airport Access Line. (Approx. 15 min) From Natori Station to Watari Station by JR Joban Line. (Approx. 20 min)
 - From Sendai Station to Iwanuma Station by Sendai Airport Access Line or Tohoku Main Line. (Approx. 30 min)

みちのく潮風トレイル
Michinoku Coastal Trail

Watari to Yamamoto Section



About the Map

This map is a reproduction of the 1:25,000 Scale Topography Map published by the Geospatial Information Authority of Japan.
(Authorized Number : 平28情使、第307-GISMAP38379号)

Legend

- Michinoku Coastal Trail
- Main Route
 - Unpaved Road
 - Caution
- Model Course
- Alternate Route
- Railway
- Parking
 - Toilets
 - Viewpoint
 - Rest Area
 - Store
 - Post Office
 - Train Station
 - Restaurant, Eating Place
 - Public Bath Facility
 - Swimming Beach
 - Public Drinking Fountain
 - Hospital
 - Bus Stop
 - Campground
 - Accommodation

※ Some parts of the Michinoku Coastal Trail lack sidewalks for pedestrians, or have roads with heavy traffic. When you walk on the trail, please follow the traffic rules and pay careful attention to prevent accidents. On roads without sidewalks, pedestrians should walk on the right side of the road. Avoid walking after dark, try to wear reflective gear or use flashlights to make yourself more visible. If you feel a road is too dangerous to walk, find another way: don't hesitate to put your safety first.

— Tsunami Safety Tips —

- If you feel a major earthquake that makes it difficult to stand when you are near the coastline, evacuate immediately!
- If a Tsunami Warning/Advisory is issued by TV, radio, internet, or loudspeaker, leave coastal or riverside area immediately and evacuate to high ground or a tsunami evacuation building.
Tsunami advisory: *tsunami chuiho*
Tsunami warning: *tsunami keiho*
Evacuate: *hinan shite kudasai!*
- Designated Evacuation Sites are places to evacuate when a large scale earthquake or other disaster takes place.
- You can confirm the Tsunami Warning/Advisory in English on the Japan Meteorological Agency's website. However, sometimes you won't be able to use your cell phone because of bad reception, so, we strongly recommend you carry a portable radio with you. NHK radio 2 (1089 kHz AM) broadcasts news in English/Chinese/Korean/Portuguese during emergencies. Japan Meteorological Agency's website: www.jma.go.jp/