

★ Sea Route (Reservation required)★
You can only travel by boat between Miyato and the Urato Islands (Sabusawajima Island) riding local fisherman's boats.
See details below. Make reservations by phone at least 5 days in advance.

■ Boats running between April 1st and October 31st*
Departing Miyato at 9:00 AM, 11:00 AM
Departing Sabusawajima Island at 1:00 PM, 3:00 PM

■ Cost: 3000 yen per adult, 1000 yen per child
Cash only, please.

■ How to make your reservation:
Make your reservation at least five days in advance, giving the information listed below. Some boat trips may be canceled during high waves, so please check with the captain by the day before your trip (8:00 AM-6:00 PM) to see if your boat will depart.

■ Required information:
1. Name, 2. Cell phone number, 3. Boarding date and time, 4. Boarding location, 5. Number of passengers

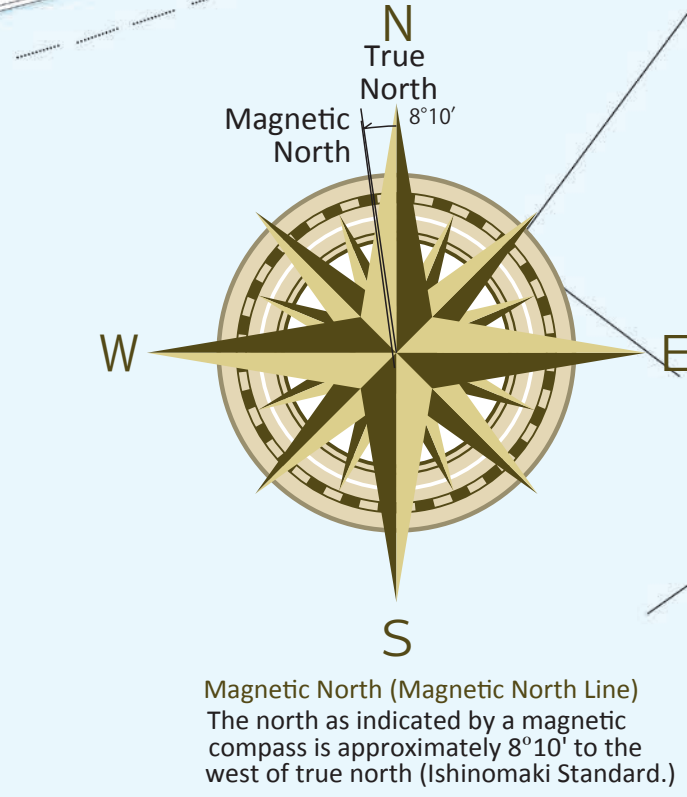
■ Reservation contact: 022-398-6181
Natori Trail Center, 9:00 AM - 4:00 PM (except Tuesdays and New Year's holiday)

■ Boarding points:
Miyatojima Island: Oku-Matsushima Sightseeing Boat Pier Sabusawajima Island: Sabusawa Pier

— Tsunami Safety Tips —

- If you feel a major earthquake that makes it difficult to stand when you are near the coastline, evacuate immediately!
- If a Tsunami Warning/Advisory is issued by TV, radio, internet, or loudspeaker, leave coastal or riverside area immediately and evacuate to high ground or a tsunami evacuation building.
Tsunami advisory: *tsunami chuiho*
Tsunami warning: *tsunami keiho*
Evacuate: *hinan shite kudasai!*
- Designated Evacuation Sites are places to evacuate when a large scale earthquake or other disaster takes place.
- You can confirm the Tsunami Warning/Advisory in English on the Japan Meteorological Agency's website. However, sometimes you won't be able to use your cell phone because of bad reception, so, we strongly recommend you carry a portable radio with you. NHK radio 2 (1089 kHz AM in Sendai City) broadcasts news in English/Chinese/Korean/Portuguese during emergencies.
Japan Meteorological Agency's website: www.jma.go.jp/

※ Some parts of the Michinoku Coastal Trail lack sidewalks for pedestrians, or have roads with heavy traffic. When you walk on the trail, please follow the traffic rules and pay careful attention to prevent accidents. On roads without sidewalks, pedestrians should walk on the right side of the road. Avoid walking after dark, try to wear reflective gear or use flashlights to make yourself more visible. If you feel a road is too dangerous to walk, find another way: don't hesitate to put your safety first.



About the Map
This map is a reproduction of the 1:25,000 Scale Topography Map published by the Geospatial Information Authority of Japan. (Authorized Number : P29情使、第419-GISMAP40537号)

みちのく潮風トレイル Michinoku Coastal Trail

Ishinomaki (City) to Higashi-Matsushima to Shiohama (Urato Islands) Section

Legend

- Michinoku Coastal Trail
 - Main Route
 - Unpaved Road
 - Caution
- Detour
- Miyagi Olle (Oku-Matsushima Course)
- Sea Route
- Sea Route (Reservation required)
- Railway
- Parking
- Restaurant
- Viewpoint
- Rest Area
- Accommodation
- Post Office
- Train Station
- Toilets
- Public Bath Facility
- Public Drinking Fountain
- Hospital
- Bus Stop
- Campground
- Store
- Tsunami Evacuation Area
- Beach

Sanriku Geo Park Point
A Geo Park is a place where you can take a close look at features like mountains and rivers, learn about how they were formed, and think about their links to the ecosystem and human life.

Map data is current as of March 2018

Urato Islands Enlarged Map (1/15,000)

